



COOL DOWN INSTRUCTIONS

Up to 4 times a day for the next 7 days.

1. Soak a face cloth in cool water and place it over the treated site for 2-3 minutes.
2. Apply a small amount of Betamethasone Valerate cream to the skin while damp.
3. Apply a layer of Vaseline petroleum jelly or Aquaphor on top of the Betamethasone Valerate cream.

Some redness may persist for weeks following Carac/5-FU treatment.

Please call if you have any questions or develop pain, increased oozing of the treatment area, or fever or chills.