

Pre-Care for Micro-Needling

Stop all retinoids and exfoliants 7 days prior to treatment.

Do not take any blood thinners 10 days prior to treatment (aspirin, Advil, ibuprofen) unless directed by your physician.

You should never stop taking any medication unless directed by your physician.

Come into the office with a clean face (freshly washed, no products or makeup).

Discontinue use of self-tanners 4 weeks prior to receiving treatment.

Treatment cannot be done if the patient has an active cold sore.

If you are using numbing cream, arrive at the office 45 minutes prior to your appointment and let the front desk know you are here for numbing cream application.

If you have a history of herpes simplex/cold sores, you will require pretreatment with an antiviral prescription medication. Please discuss this with your provider prior to scheduling your appointment.

Please wait a minimum of 4 weeks following any invasive skin procedure; laser treatment, biopsies and/or surgeries (including MOHs), prior to your micro-needling appointment.

Please inform staff if you have allergies to Sulfa, PABA, and/or Benzocaine.

Post-Care for Micro-Needling

Your face will be very red when you leave after the treatment. This is a normal response to treatment. Your esthetician will provide you with hyaluraonic acid to apply multiple times throughout the 24 hours following the procedure.

You are not to use anything except the provided hyaluronic acid for the full 24 hour period.

No products, makeup, or SPF with ZINC should be used 24 hours after the micro-needling procedure.

Your skin should return to normal color in 24 hours although some faint pink areas may remain for 36 hours.

Some peeling can occur and is normal.

Use a bland moisturizer over several days and return to normal routine in a week.