

PRE-OPERATIVE INSTRUCTIONS

Preparing for your minor surgery:

- Avoid aspirin (for pain relief) or ibuprofen (Advil, Nuprin, Motrin) for 7 days prior to surgery. If you take a daily aspirin or other blood thinning medication, continue to do so unless your doctor has told you otherwise.
- Avoid alcohol consumption for 3 days prior to surgery.
- Please notify the doctor if any of the following conditions exist:
 1. Any history of heart disease, including mitral valve prolapse.
 2. Need for antibiotics before dental procedures.
 3. You have a cardiac pacemaker.
 4. Any history of bleeding problems or taking any blood thinners.
 5. Any history of poor healing or bad scarring.
 6. Any history of herpes virus infection of the face (fever blisters, cold sores) if your procedure is going to be done on your face.
- If you develop any illness with fever less than 48 hours prior to the surgery, please call to reschedule.
- If your insurance requires prior authorization for procedures, please obtain.
- You will need to avoid exercise/heavy lifting for 2 weeks following surgery.
- If you have any questions, please feel free to call the office.

DATE: _____ TIME: _____